

# uCamps - Session 1/ Leadership Academy

## SAMPLE Daily Schedule

7:45 AM	Early Morning Electives
8:30 AM	Group Warm-Up / Inspiration
9:00 AM	Breakfast
<b><u>9:45 AM</u></b>	<b><u>Workshop 1</u></b>
11:10 AM	Fun Five
<b><u>11:15 AM</u></b>	<b><u>Workshop 2</u></b>
12:40 PM	Hand Washing
12:45 PM	Lunch
1:30 PM	Camp & Cabin Clean
1:40 PM	Siesta ( <i>Drink lots of H<sub>2</sub>O</i> )
2:30 PM	uTime–Snack Bar Open
3:30 PM	Fun Five
<b><u>3:35 PM</u></b>	<b><u>Workshop 3</u></b>
4:55 PM	Fun Five
<b><u>5:00 PM</u></b>	<b><u>Workshop 4</u></b>
6:20 PM	Cabin Cheers
6:40 PM	Dinner
7:40 PM	Evening Activity
9:00 PM	Campfire
10:00 PM	Cabin Time (Brush teeth, get ready for bed)
10:45 PM	Lights Out* & Counselor Meeting

### **Theme Days**

**June 18:** Hoe-Down Day

**June 19:** Hawaii Day

**June 22:** Superhero Day

\* You are welcome (but not required) to dress up for any or all of the theme days. Dress up begins as early you want it to begin....you can arrive at breakfast in costume, wait until later, or never dress up at all!!

**KP** – Review the KP schedule each day so you know when it's your turn! It's all about Camp Pride!

\* Camp Days are fun days, but they're also long days. Bald E says, "You need to sleep"! If you are rested, you will have more energy to have fun the next day. Cabin time is some of the best time!!! On days when we have a late night activity (s'mores, night hike, black light lounge, etc.) get ready for bed and lights out times will be later at night.